

# UNAFRAID

## POWER OF THE WORD

Friends, I am adding this document to our resource page to convey the importance of divine scripture, the Holy Bible.

I must admit that I viewed the Bible as a weak point. I did not understand what power, authority, healing, guidance, and wisdom it offered. When I say this, I do not say it lightly. I provided verses below that show just how vital these Words are.

Chances are, many were or are like me. I would pick up the Bible, read a page (if that), and put it down for another month or seven until I felt I could try it again. What we don't see is that there is an enemy that DOES NOT want you to understand what God is trying to tell you. This army of evil is coming at you to give you lies that say, "You don't need this," or "This won't work," or "You are a lost cause," etc. We must rise and pray for the want and desire for the washing of the Word to come to life so our lives reflect the goodness of the Kingdom of God.

Once we grasp scripture and its capabilities, we will see how blindly we were living and how much clarity we gained and still will gain. We will never get full in digesting the Word. It is alive and fiercely destroys darkness, which is beautiful to experience.

### Story Time:

Humbly speaking, I want to share what worked for me. If you are already digging in and have a way that the Lord has led you, then press on. This is a suggestion and what has worked for me. It does not take over what the Holy Spirit may guide you to.



Since I became a “Christian” by outside appearances only and not an actual genuine heart change, I would read my Bible. I usually did one of those Bible-in-a-year programs on a Bible app. I would read for a few days, and then it would turn into listening, which was not even close to the same thing for me. I did that for years and would do little devotionals here and there, but still, the Word did not captivate me like I knew it did for some.

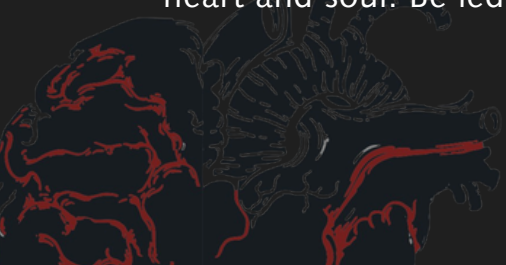
After some years and my life hitting an all-time low, I finally surrendered to the Lord. I tried so many secular ways of healing and counseling, but nothing changed my core. Nothing attacked the root of my issues. I started to pray for the want to get up early and read mindset books. Mindset books, not the Bible. After a few weeks, I was getting up early, and it stayed that way and has to this day. I read every mindset book I could get my hands on. I read a lot! After months of this, I found myself, STILL, sitting pretty close to empty. Then, I started to pray for The Bible to come to life and for me to desire the words on the pages. Again, after a few weeks, it happened!

After diving in, I would return to some mindset books and found myself not getting filled, as the Holy Word of the Living God proved. After finding a void in secular readings, I stayed in the Bible. It is not rare for me to be in my Bible for hours every morning as I sip my black coffee with my dogs lying around me, chewing on their bones. It is my connection time and one of the highlights of my day.

The time limit and how much you read are irrelevant. If the Holy Spirit wants you to chew on one verse, then that is what you should do. We should not be checking a box to ensure we read this many chapters, read for this long, etc. That is where religion will seep in, and we do not want religion; we want relationships.

The point being- ASK!

I do not just open the Bible to the first page and begin. I first pray and ask for wisdom on where to read. Sometimes, the Holy Spirit leads me to sit in silence and pray. Sometimes, I dig in, bouncing back and forth between the Old and New Testaments, taking notes, and highlighting things that reveal revelation to my heart and soul. Be led so that your relationship can grow with the one true God.



## My Default Reading(s):

### Morning:

FIRST- I say The Lord's Prayer, put on my FULL armor of God (EPH 6: 10-18), pray for my family, the mind of Christ, and the will of God. If led, I will pray the will of God for others or whatever else the Holy Spirit brings to my mind.

I read a proverb a day—there are 31 Proverbs, and I read one that correlates with the days of the month. So, if today were the 7th, I would read Proverb 7. Yes, I understand that not every month has 31 days. Double up if led or stick to the day proverb.

I bounce around the Bible quite a bit, but I consistently read one of the four gospels (Matthew, Mark, Luke, John). Jesus' teachings are the foundation of it all. When I do my morning or night readings, I will be led to King David, James, Judges, Genesis, etc., all the time, and I roll with it. My reading plan is where I am led.

### Nights:

I usually finish anything I didn't finish in the morning, or if I missed my proverb, which rarely happens, I will attack that. I read in Psalms that feed into my prayers and other Spiritually enriched books ONLY if led by the Holy Spirit. There is a lot of stuff out there that I do not need to consume. Remember, an enemy uses thoughts and brain fog to keep us off our game. The Holy Spirit smacks that confusion and intended confusing noise to the ground!

When I feel my eyes wanting to shut down for the day, I pray for peaceful sleep and protection for me and my loved ones or as led. I will also pray for divine dreams to receive warnings, encouragement, or any Intel from God Most High. Yes, this does work!

NOTE—Just because someone said this worked for them does not mean it is best for you. Lean into the Holy Spirit for guidance. If still unsure, get into the teachings of Jesus and start the refining process. Remember, ALL scripture is beneficial (verse below) and will help in your prayer life, which we all need, especially those who choose to be a soldier for Christ.